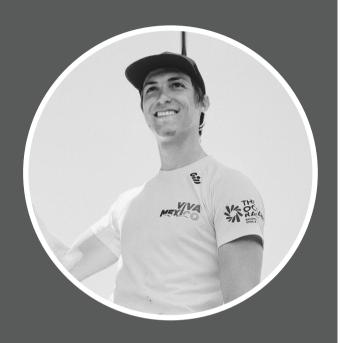
JUAN **Varela**

SAILOR



PHYSICAL PROFILE

Age: 25
Height: 184 cm
Weight: 75 kg
VO2 max 55.2 ml kg m
No Injuries or Sickness
Good Health Habits
No Drugs

CONTACT

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MY PROFILE

I am a 25 y.o Mexican sailor from Puerto Vallarta. In 2020
I was given the opportunity to crew for Viva México, a Volvo
Ocean 65 boat campaigning for The Ocean Race. My first
time sailing the boat was in a delivery from Panama to
Acapulco sailing 1500 NM with this having the opportunity to
get to know the boat and trying many positions on board.

In 2020 I started working full time for the team, preparing the boat in Acapulco for delivery in Europe in preparation for the Ocean Race Europe. During the last 2 years with Viva Mexico, I have been focusing on studying the boat systems inside our boat on all deliveries from and to race venues and crewing as a bowman and boat captain.

I love to repair and maintain the boat's equipment with the highest detail and have been learning and working alongside the best professionals in the sailing industry. Currently I am working as a rigger in my hometown Puerto Vallarta.

TOP RESULTS / ACHIEVEMENTS

- 6TH PLACE YOUTH WORLDS Langkawi Malasia 2015 RSX Windsurfing
- Rolex Fastnet Cherburg 2021 (Viva México VO65)
- Rolex Middle sea Race 2021 (Viva México VO65)
- The Ocean Race Europe (Viva México VO65)
- Atlantic Crossing (Viva México VO65)
- Youth North American Champion 2015
- 17th place Sailing World Cup Final Santander 2017
- Boat Captain Viva México Volvo ocean 65 2020 2022
- Bowman Viva México 2020 -2022

PERSONALITY SKILLS

- Organized
- Determined
- Problem Solver
- Leader
- Easy Going
- Team Player
- Passionate
- Hard Worker
- Detail Orientated

LANGUAGES

- Spanish
- English

HOBBIES

- Surfing
- Windsurfing
- Kitesurfing
- Free Diving
- Foiling

SAILING TIMELINE

- OPTIMIST 2005-2012
- BIC TECHNO 2010- 2013
- RSX 2014-2018
- J70 2018 -
- VO65 2020 -

NAVIGATION EXPERIENCE

• More than 24,000 Nautical miles

KNOWLEDGE

- Racing Winch systems
- Hydraulics
- Rigging / Rope splicing
- Electrical systems
- Diesel engines / sail drives
- Project management

EDUCATION

- Elementary Education: PIERRE FAURE
- High School Education: HARKNESS INSTITUTE
- Internship at Boston Pingree School